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**Brighton & Hove Lunch Clubs 2017**

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**If you need this in a larger, printed or in a different format please contact** [**ASCadmin@brighton-hove.gov.uk**](mailto:ASCadmin@brighton-hove.gov.uk)

**or phone 01273 296313**

**All information was taken from Possability People’s website, It’s Local Actually and was accurate at time of checking**

**Brighton & Hove Lunch Clubs 2017**

**Key** *CVS***:** Community & Voluntary Sector.  *P/LAP:* Public/Local Authority provider, *PSP:* Private Sector Provider

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| --- | --- | --- | --- | --- | --- |
| **Service** | **Activities** | **Address + Contact** | **Days / Times** | **Cost** | **Caters for** |
| **Age UK Brighton & Hove**  *CVS* | Coffee morning and Poetry group.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png**  There is also a lift.  Contact for further access details | 29-31 Prestonville Rd  Seven Dials  Brighton  BN1 3TJ  **Best person to contact:** Annette Goddard  **Telephone:** 01273 720603  **Email:** [annetteg@ageuk-bh.org.uk](mailto:annetteg@ageuk-bh.org.uk)  **Website:** [www.ageuk-bh.org.uk](http://www.ageuk-bh.org.uk) | Monday-Friday. Morning, lunchtime & afternoon Contact for further details. | £0 - £5 | Older People |
| **All Saints Church** | Since September 2013, on the second Sunday of each month, we have a drop-in and hot meal at All Saints Church Hall from 3-5pm. The meal is aimed at those who are homeless, vulnerably housed or those who feel excluded or on the periphery of society. | The Drive, Hove BN3 3QE  Telephone: [01273 733331](javascript:void(0))  Email: [katja@allsaintshove.org](mailto:katja@allsaintshove.org) Website: http://allsaintshove.org/ | Second Sunday of the month | Free | Homeless & isolated people |
| **Ascension Church Westdene**  *CVS* | Cafe style church on 4th Sunday mornings of each month. Monthly retired Lunch club on 4th Thursday of each month, lifts provided.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** Contact for further access detailsOnce a month, we host a friendship lunch for the retired. It is a two course meal with tea/coffee for £4 on the fourth Thursday of the month. The meal starts at 1pm and lasts to about 2.15pm. Everyone welcome. | Mill Rise  Brighton  BN1 5GS  **Best person to contact:** Reverend Andy Bousfield or Olive 01273: 502543  **Telephone:** 01273 503926  **Email:** [andy@ascensionbrighton.org](mailto:andy@ascensionbrighton.org)  **Website:** [www.ascensionbrighton.org](http://www.ascensionbrighton.org)  Men’s Breakfasts is a regular meeting for men: we meet Saturday mornings at 9.00am at The Coach House, Patcham on the third Saturday of each month. Contact for further details or visit website. | 4th Sunday of the month and 4th Thursday of the month | Free | Older People |
| **Bluebird Society for the Disabled**  *CVS* | A fortnightly Sunday lunch club for members. Weekly "lunch out" club.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 176 Portland Road  Hove  BN3 2LS  **Best person to contact:** Marian Varney  **Telephone:** 01273 207664  **Email:** [bluebird.hove@googlemail.com](mailto:bluebird.hove@googlemail.com) | Monday to Friday and Sunday. Morning through to evening. Contact for further details. | £5-£10 | Mainly physical impairment in older people. |
| **Brighton and Hove City Council Seniors Housing**  *P/LAP* | Coffee mornings  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png**  Call for further accessible information. | Muriel House  Ingram Crescent West  Hove  BN3 5NS  **Best person to contact:** Nina Elderfield  **Telephone:** 01273 293401  **Alternative Number:** 07833 480068  **Email:** [nina.elderfield@brighton-hove.gcsx.gov.uk](mailto:nina.elderfield@brighton-hove.gcsx.gov.uk) | See activities | Other |  |
| **Brighton and Hove District Mencap**  *CVS* | Day outings for adults with learning disabilities to provide respite for carers. Includes lunch and tea.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 27 Withdean Cresent  Brighton  BN1 6WG  **Best person to contact:** Robert (Bob) Parr - Administrator  **Telephone:** 01273 724419  **Email:** [bobparr5@hotmail.com](mailto:bobparr5@hotmail.com)  **Website:** [www.mencap.org.uk](http://www.mencap.org.uk) | Sunday 9.30-7 p.m Takes place alternate Sundays. Contact for dates and details. | £20 - £50 | Learning Disability |
| **Brighton Food Partnership** | Hundreds of food-based events happen every year in the city. Here you can find out about everything that is happening.  The Food Partnership regularly organises and attends events. You can find us running cookery demos and food growing activities as well as raising awareness about food waste and healthy eating. | **Telephone:** 01273 431700  **Email:** [info@bhfood.org.uk](mailto:info@bhfood.org.uk)  **Website:** [www.Bhfood.co.uk](file:///C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\GR0CSQOY\www.Bhfood.co.uk) |  |  |  |
| **Brighton and District Probus Club**  *CVS* | Club for retired business and professional men.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | **Best person to contact:** William McNaught  **Telephone:** 0759 5591190  **Email:** william.mcnaught@virgin.net | Last Tuesday of each month. Morning, Lunchtime and Evening. Contact for further details. | Free | Older People |
| **Brighton and Hove Speak Out Advocacy Project**  *CVS* | Speak Out work with the Brighton and Hove Food Partnership on a lunch club for people with mild learning disabilities who are socially isolated. Contact for further details.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].pngContact for further access details | Westwerks  41-43 Portland Road  Hove  BN3 5DQ  **Best person to contact:** Sarah Pickard  **Telephone:** 01273 421921  **Email:** [sarahpickard@bhspeakout.org.uk](mailto:sarahpickard@bhspeakout.org.uk)  **Website:** [www.bhspeakout.org.uk](http://www.bhspeakout.org.uk) | Monday, Tuesday, Wednesday, Thursday. Friday Contact for further details | Free | Learning Disability |
| **Brighton Unitarian Church**  *CVS* | Community group meet regularly in the hall, for dancing, playing music, exercise, a cup of tea and company.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | New Road  Brighton  BN1 1UF  **Best person to contact:** Marion Bance, Administrator  **Telephone:** 01273 696022  **Email:** [buc@brightonunitarian.org.uk](mailto:buc@brightonunitarian.org.uk)  **Website:** [www.brightonunitarian.org.uk](http://www.brightonunitarian.org.uk) | Office open Monday and Tuesday. Telephone messages and emails picked up three times a day Monday to Friday. Sunday services 11 a.m. | Other |  |
| **Calvary Evangelical Church**  *CVS* | 'Church Lunch' normally on second Sunday of the month (following our regular 11am morning church service); Men's breakfast on last Saturday of most months.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 72 Viaduct Rd  (The Church next to the Fire Station at Preston Circus)  Brighton  BN1 4ND  **Best person to contact:** Enquiries  **Telephone:** 01273 682112  **Email:** [mail@calvary-brighton.org.uk](mailto:mail@calvary-brighton.org.uk)  **Website:** [www.calvary-brighton.org.uk](http://www.calvary-brighton.org.uk) | Wednesday& Saturday mornings, and Sunday lunchtime. Contact us for further details or see website. | Free | Our activities are part of our work as a local church at Preston Circus |
| **Central United Reformed Church**  *PSP* | Welcome Break Lunch club  Saturday coffee morning  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].pngContact for further access details  Contact for further access details | Ventnor Villas  Hove  BN3 3YF  **Best person to contact:** Sheena Ireland - church secretary  **Telephone:** 01273 734162  **Alternative Number:** 01273 749817  **Email:** [info@centralurchove.com](mailto:info@centralurchove.com)  **Website:** [www.centralurchove.com](http://www.centralurchove.com) | Wednesday 12pm Saturday 10am - once a month. Contact for further details. | £0 - £5 |  |
| **Church of the Holy Cross**  *CVS* | Lunch club  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Downsway  Brighton  BN2 6BD  **Best person to contact:** Mrs Christine Jones  **Telephone:** 01273 681582  **Email:** [holycross.woodingdean@gmail.com](mailto:holycross.woodingdean@gmail.com) | Tuesdays at 11.30 | £0 - £5 |  |
| **Churchill House**  *P/LAP* | Bingo & raffle sessions. Forget me not club. Coffee morning 'Crafty Adults' craft club - fortnightly (Wednesday) 10am - 12pm FREE  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Hangleton Rd  Hove  BN3 7SG  **Best person to contact:** Jenny Derrick  **Telephone:** 01273 293389  **Email:** [jenny.derrick@brighton-hove.gov.uk](mailto:jenny.derrick@brighton-hove.gov.uk)  **Website:** [www.housingcare.org](http://www.housingcare.org) | Wednesday and Thursday Morning, lunchtime and afternoon. Contact for further details. | £0 - £5 | Older People |
| **Community Transport (Brighton, Hove & Area)**  *CVS* | We run door to door bus services for people, including wheelchair users, who find it difficult or impossible to use the normal bus service. Our door to door Easylink Shopping Bus services run to local supermarkets Monday to Friday in the mornings, we go to various supermarkets from different areas of the City on different days.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Preston Barracks  Lewes Road  Brighton  BN2 4GL  **Best person to contact:** Ed Bassford  **Telephone:** 01273 677559  **Email:** [easylink@bhct.co.uk](mailto:easylink@bhct.co.uk)  **Website:** [www.bhct.co.uk](http://www.bhct.co.uk) | Monday-Sunday. Shopping bus services run from morning through to evening. Minibuses can be hired any time of day, any day of the week. Contact for further details. | £0 - £5 |  |
| **Contact The Elderly** | Supported by a network of volunteers, Contact the Elderly organises monthly Sunday afternoon tea parties for small groups of older people aged 75 and over, who live alone, offering a regular and vital friendship link every month. | Julia Rivas 01273 401569 [info@contact-the-elderly.co.uk](mailto:info@contact-the-elderly.co.uk) [www.contact-the-elderly.org.uk](http://www.contact-the-elderly.org.uk) |  |  |  |
| **Evergreen Lunch Club**  *CVS* | Lunch Club  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | St Richard's church  The Crossway  Hollingdean, Brighton  BN1 7BW  **Best person to contact:** Arlene Phillips  **Telephone:** 01273 559996  **Email:** [raymondbond123@mypostoffice.co.uk](mailto:raymondbond123@mypostoffice.co.uk) | Lunchtime Contact for specific times. | £0 - £5 | Older People |
| **Free Friday Fry Up** *CVS* | Every Friday morning the side hall is open from 8.30 to 10.30 am for a free breakfast for anyone who would like to drop in, especially with those in mind who live locally and have no other contact with the church. Full English breakfast is served, and there is a chance to meet people and socialise. This has grown in popularity over the past 2 years and is enjoyed by all who come. Come in through the white door and enjoy! | Portslade Baptist Church  South Street  Portslade  Brighton  East Sussex  BN41 2LE  To get in touch, please email us at [breakfast@portsladebaptist.org.uk](https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=breakfast@portsladebaptist.org.uk) |  |  |  |
| **Hove Luncheon Club** | We offer a 3 course meal with tea or coffee and after lunch activities for £2. | Hove Methodist Church  Contact: Caroline Helderson: 0l273 728678. We are able to provide transport for older people from the Ingram Crescent and Hangleton, Mile oak and Portslade.  Our facebook page <https://www.facebook.com/hoveluncheonclub/>  is updated every week for your info. | Every Tuesday during term time between 12:30-2:30. |  |  |
| **Hove Probus Club**  *CVS* | Lunch Club Outings and holidays are organised.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 9 Albany Towers,  St Catherine’s Terrace,  Hove  BN3 2RQ  **Best person to contact:** Graham Gordon  **Telephone** 01273 726081  **Email:** [generalgordon@btinternet.com](mailto:generalgordon@btinternet.com) | Meet every second Wednesday lunchtime. Contact for further details | Free | Membership is by nomination |
| **Hove Salvation Army** *CVS* | Luncheon Club  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Hove Citadel  159 Sackville Road  Brighton  BN3 3HD  **Best person to contact:** Douglas Hayter / Michelle Hayter  **Telephone:** 01273 738036  **Email:** [sa.hove@tiscali.co.uk](mailto:sa.hove@tiscali.co.uk)  **Website:** [www.hove-sa.org.uk](http://www.hove-sa.org.uk) | Wednesday 12 noon Contact for further details | £0 - £5 |  |
| **LifeLines**  *CVS* | Nostalgia group – 2pm to 3pm Weekly get-togethers, led by volunteers, to share memories over a cuppa and biscuit.  Tea Dance 2pm to 4:30pm – Every 1st Thursday of the month. Join others on the dance floor or just enjoy the music with tea and cakes. | Montague House  Montague Place  Brighton  BN2 1JE  **Best person to contact:** Alan Marchbank  **Telephone:** 01273 688117  **Email:** [amarchbank@csv.org.uk](mailto:amarchbank@csv.org.uk)  **Website:** [www.lifelinesbrightonhove.org.uk](http://www.lifelinesbrightonhove.org.uk) | Monday-Friday and Sunday Morning, lunchtime and afternoon, times vary. Contact for further details. | Free | Older People |
| **Lunch Positive**  *CVS* | Lunch Club for people with HIV.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Dorset Gardens Methodist Church  Dorset Gardens  Brighton  BN2 1RL  **Best person to contact:** Gary Pargeter  **Telephone:** 07846 464384  **Email:** [info@lunchpositive.org](mailto:info@lunchpositive.org)  **Website:** [www.lunchpositive.org](http://www.lunchpositive.org) | Friday 12 noon - 3pm | £0 - £5 | HIV |
| **Mad Hatters Lunch Club**  *CVS* | Weekly lunch club for all ages on Thursday from 12pm - 2.30pm. £4 for a home cooked 2 course meal. Transport available from across the city for £2 per person.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png**We are interested in disability awareness training  We have a mobility scooter that can be used on trips and outings free car parking a bus service for the lunches and tea party with a ramp for wheelchairs | St Georges Hall  Moulsecoomb  Brighton  BN1 9JJ  **Best person to contact:** Pauline  **Alternative Number:** 01273 236500 | Lunch Club - every Thursday 12pm - 2.30pm  Mad Hatters tea party - every 3rd Wednesday of the month 2pm - 4pm | £0 - £5 |  |
| **Oasis Christian Fellowship**  *CVS* | Coffee Break Friday Mornings  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Hangleton Way  Brighton  BN3 8EQ  **Best person to contact:** Andrew Edwards / David Brill - administrator  **Telephone:** 01273 411116  **Email:** [oasischristianfellowship@talktalkbusiness.net](mailto:oasischristianfellowship@talktalkbusiness.net)  **Website:** [www.oasischristianfellowship.org.uk](http://www.oasischristianfellowship.org.uk) | Friday | Free | Faith |
| **Old Boat Corner Community Centre**  *CVS* | Lunch time cafe.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png**  The back garden is not fully accessible to wheelchair users. | Carden Hill  Carden Park, Hollingbury  Brighton  BN1 8GN  **Best person to contact:** Tracy Banks  **Telephone:** 01273 540779  **Email:** [oldboatccc@gmail.com](mailto:oldboatccc@gmail.com)  **Website:** [www.obccc.co.uk](http://www.obccc.co.uk) | Monday-Sunday Cafe open from Monday to Friday 10-2pm. Contact for further details. | £0 - £5 | Older People  Young Adults  Men |
| **Patcham Methodist Church**  *CVS* | Lunch Club for the Elderly.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Ladies Mile Road  Patcham  Brighton  BN1 8QE  **Best person to contact:** John Corin -Church lettings steward  **Telephone:** 01273 882747  **Alternative Number:** 01273 554953  **Email:** [johnnpan.corin@ntlworld.com](mailto:johnnpan.corin@ntlworld.com)  **Website:** [www.patchammethodistchurch.co.uk](http://www.patchammethodistchurch.co.uk) | 2nd and 3rd Wednesday of the month. 12.30 pm | £3 | Older People  Women |
| **Patching Lodge**  *PSP* | Over 50’s in the community welcome unless otherwise stated.  Tea Dance returns February – Please call LifeLines on 01273 688117 to book a place, for more information or check that events are running before setting out.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 1 - Park Street  Brighton  BN2 0AQ  **Best person to contact:** Anna Miller and Caroline Carter (Support Workers)  **Telephone:** 01273 680744  **Email:** [Anna.Miller@hanover.org.uk](mailto:Anna.Miller@hanover.org.uk) | Monday-Sunday, morning, lunchtime and afternoon. Contact for further details | £0 - £5 | Older People |
| **Ralli Hall Lunch and Social Club**  *CVS* | Lunch club  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 81 Denmark Villas  Hove  BN3 3TH  **Best person to contact:** Jackie Tichauer  **Telephone:** 01273 739999  **Email:** [ralliday@tiscali.co.uk](mailto:ralliday@tiscali.co.uk) | Tuesday and Thursday. Morning, lunchtime and afternoon. Contact for further details. | £0 - £5 | Older People |
| **Robert Lodge Lunch Club**  *CVS* | Lunch club for 50 + and disabled people. Raffle and bingo.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | **Address:** 35 - 70 Robert Lodge Meeting Rooms  Whitehawk Road  Brighton  BN2 5FG  **Best person to contact:** Chris El'Shabba  **Telephone:** 01273 608120  **Email:** [christineelshabba@yahoo.co.uk](mailto:christineelshabba@yahoo.co.uk) | Tuesday Lunchtime 11.45am - 3pm Contact for further details. | £0 - £5 | Older People |
| **St Andrew's Church**  *CVS* | Social Club, Parish Lunches.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | C/o St Andrews Rectory  Hillside, Moulsecoomb  Brighton  BN2 4TA  **Best person to contact:** Father John Wall  **Telephone:** 01273 680680  **Email:** [moulsecoombpcc@gmail.com](mailto:moulsecoombpcc@gmail.com)  **Website:** [www.achurchnearyou.com/moulscoomb-st-andrew](http://www.achurchnearyou.com/moulscoomb-st-andrew) | Tuesday, Thursday, Friday and Sunday. Contact for further details | Free |  |
| **St Cuthman's Church**  *CVS* | Light Centre - cuppa, chat and a light lunch - offers advice and practical help. Drop-in chat and a light lunch. Both activities are open in term time only.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 1 St Cuthmans Close  Whitehawk  Brighton  BN2 5HW  **Best person to contact:** Father John Wright  **Telephone:** 01273 699424  **Email:** [contact@stcuthmanswhitehawk.org](mailto:contact@stcuthmanswhitehawk.org)  **Website:** [http://www.stcuthmanswhitehawk.org/](http://http:/www.stcuthmanswhitehawk.org/) | Monday, Tuesday and Friday. Morning and Lunchtime. Contact for further details | Free |  |
| **St Luke's Church Hall**  *CVS* | Afternoon tea. Exercise for over 50's club. Soup 'n' Sarnie club.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Queens Park  Brighton  BN2 9YA  **Best person to contact:** Dee Green  **Telephone:** 01273 570978  **Email:** [julie.newson@btinternet.com](mailto:julie.newson@btinternet.com)  **Website:** [www.stlukeschurchbrighton.webeden.co.uk/](http://www.stlukeschurchbrighton.webeden.co.uk/) | Monday, Tuesday and Wednesday. Morning, lunchtime and afternoon. Contact for further details. | £0 - £5 | Older People |
| **St Michael & All Angel's Brighton** | St Michaels Community Café.  Michael's has become somewhat renowned for it Saturday community breakfasts, the cheapest (and best!!) in town. The hall is open for fully cooked breakfasts from just £1.50 from 9.00am to 11am every Saturday of the year unless otherwise stated. | Parish Office  St. Michaels Place  Brighton  BN1 3FU  Tel: 01273 822284 | Tuesday, Thur and Saturday 10am – 1pm | £0-5 |  |
| **St Richard Church and Community Centre**  *CVS* | Knoll Lunch Club.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Egmont Rd  Hove  BN3 7FP  **Best person to contact:** Patricia Weller - centre manager  **Telephone:** 01273 414483  **Email:** [pat.weller@btconnect.com](mailto:pat.weller@btconnect.com)  **Website:** [www.hkproject.org.uk](http://www.hkproject.org.uk) | Monday - Saturday. Contact for further details or see website. | £0 - £5 | Older People |
| **Stanford Avenue Methodist Church**  *CVS* | Lunch club for over 60's.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Stanford Avenue  Brighton  BN1 6FD  **Best person to contact:** Robert Patching - lettings steward  **Telephone:** 01273 554411  **Email:** [stanfordmethodist@btconnect.com](mailto:stanfordmethodist@btconnect.com)  **Website:** [www.stanfordavenuemeth.co.uk](http://www.stanfordavenuemeth.co.uk) | Wednesdays 12.30pm | £0 - £5 | Older People  Women |
| **Sussex Deaf Association** | Monthly cooked lunches.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Brighton Deaf Centre  Carlton Hill  BRIGHTON  BN2 0GW  **Best person to contact:** Christine Jenner  **Telephone:** 01273 671899  **Email:** [info@sussexdeaf.com](mailto:info@sussexdeaf.com)  **Website:** [www.sussexdeaf.com](http://www.sussexdeaf.com) | Monday to Friday | £0 - £5 | Anyone with Hearing Impairment of any level |
| **Tea & Company Friendship café** | Great range of nibbles and cakes. St Mary's runs the cafe in partnership with Time to Talk Befriending and the Community Service Team from Brighton College. | St Mary’s Church 61 St James Kemptown  BN2 1PR | Wednesday afternoons | Free | Older People |
| **The Carers Centre for Brighton and Hove**  *CVS* | 5 monthly local coffee mornings in different parts of the city.  We aim to use accessible venues where possible but some activities may not be. Contact for further access details | 18 Bedford Place  Brighton  BN1 2PT  **Best person to contact:** Sheila Killick  **Telephone:** 01273 746222  **Email:** [sheila.killick@thecarerscentre.org](mailto:sheila.killick@thecarerscentre.org)  **Website:** [www.thecarerscentre.org](http://www.thecarerscentre.org) | Monday to Friday. Contact for details | Free | Carers |
| **The Chapel Royal Brighton**  *CVS* | Coffee morning, AA, Lunch time concerts, Lunch positive, Carers and former carers coffee morning.  **Not Accessible** | North Street  Brighton  BN1 1EA  **Best person to contact:** Enquiries  **Telephone:** 01273 328767  **Email:** [chapelroyalbrighton@hotmail.com](mailto:chapelroyalbrighton@hotmail.com)  **Website:** [www.chapelroyalbrighton.org.uk](http://www.chapelroyalbrighton.org.uk) | Tuesday, Thursday, Friday and Saturday Morning through to evening. Contact for further details. | £0 - £5 |  |
| **The Hop 50+** | A centre and café open seven days a week, community based groups and minibus trips. Hop 50+ hosts a wide range of activities and social opportunities for people aged 50+ aimed to improve wellbeing and where people learn new skills and enjoy good food and company. | Lin Hastings, The Hop 50+, Palmeira Square, Hove BN3 2FL, Tel: 01273 729603 Email: [olderpeoplesservices.bh@impact-initiatives.org.uk](mailto:olderpeoplesservices.bh@impact-initiatives.org.uk) |  |  |  |
| **The Vale Community Centre**  *CVS* | Mid-week Cafe.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | 17a Hadlow Close  Brighton  BN2 OFH  **Best person to contact:** Nick Wood  **Telephone:** 01273 571573  **Email:** [usethevale@aol.com](mailto:usethevale@aol.com)  **Website:** [www.cravenvale.org.uk/the-vale-community-centre.html](http://www.cravenvale.org.uk/the-vale-community-centre.html) | Monday and Wednesday. Morning, lunchtime and afternoon. Contact for further details. | £0 - £5 |  |
| **Working50plus**  *CVS* | Meetings twice monthly, mostly with speakers Trips out - subsidised for full members (£5 per annum - but all welcome) Meals together, at meetings and also at other times as organised  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Cornerstone Centre  Hove  BN3 2FL  **Best person to contact:** Val Cane,  **Telephone:** 07757 169 172  **Email:** [VGCANE@HOTMAIL.COM](mailto:VGCANE@HOTMAIL.COM)  **Website:** not applicable   * **Other Web Location:** Facebook page * Please contact us about an accessibility audit.   We are interested in disability awareness training | First and third Tuesdays of the month. 11-1.30 hot drinks, biscuits, simple sandwich lunch; donations requested. | Free | Older People |
| **Z and M Care Ltd**  *PSP* | We offer lunch. Furthermore; we are able to offer a supervised bathing service; making use of adapted baths or walk in showers.  C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\XANR464J\220px-International_Symbol_of_Access.svg[1].png **C:\Users\juliecholerton\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\YVRXKRDB\511px-Aseos_para_personas_con_discapacidad.svg[1].png** | Z and M Care Ltd  2 - 12 Lyndhurst Road  HOVE  BN3 6FA  **Best person to contact:** Zara MOUSSAVI  **Telephone:** 441273323814  **Alternative Number:** 07884000425  **Email:** [lyndhurstcarehomes@hotmail.com](mailto:lyndhurstcarehomes@hotmail.com)  **Website:** [www.lyndhurstcarehomes.co.uk](http://www.lyndhurstcarehomes.co.uk) | 10am to 3pm Monday to Friday | Learning Disability  Older People |  |

**Cafes and places to meet:**

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| Bohisattva Kadampa Meditation CentreWorld Peace Cafe & Shop | We offer a delicious range of home-made vegetarian dishes, including quiches, salads and heart-warming soups, as well as freshly ground coffee and yummy cake – all served by our friendly staff. | 01273 732917  Bodhisattva KMC, 3 Lansdowne Road, Brighton, East Sussex. BN3 1DN  [info@meditateinbrighton.com](mailto:info@meditateinbrighton.com) | **Tuesdays – Saturdays 11 am – 5.00 pm** (**closed Sundays and Mondays**) |  |  |
| **Dementia / Friendship Café** |  | The Annex  Lockwood Crescent,  Woodingdean  Brighton  BN2 6UH.  Sophie Mackrell: 01273 726266 email: [sophie.mackrell@alzheimers.org.uk](mailto:sophie.mackrell@alzheimers.org.uk)  website: [www.alzheimers.org.uk](http://www.alzheimers.org.uk) |  |  |  |
| **Hawks Community Café** | Based at the Whitehawk Hub, Hawks Cafe is a community cafe offering hot and cold drinks as well as hot and cold snacks. | 179a Whitehawk Road, Brighton BN2 5GD  **Contact:** 01273 293636 | Weekdays 9am - 4.30pm |  |  |
| **Honeycroft Community Café** | Vegetarian low cost food. Part of Honeycroft children’s centre | St Barnabas Hall, Sackville Rd, Hove BN3 3WF | Mon – Fri 9am – 3pm |  |  |
| **Kemp Town Crypt Community Centre** (for concerts, venue hire & community centre activities) |  | St George's Road Kemp Town Brighton BN2 1ED  [inthecrypt@msn.com](mailto:inthecrypt@msn.com?bcc=administrator) This e-mail address is being protected from spambots. You need JavaScript enabled to view it  01273 888444 |  |  |  |
| **St Annes Day Centre** | The mid-week cafe is open to everyone from 10.30 – 12 Come down for a chat and a coffee or tea. There’s also Nick’s famous bacon sandwiches as well as biscuits and cakes! | Vale Community Centre  [www.stannesdaycentre.org.uk](http://www.stannesdaycentre.org.uk)  Tel: 01273 602824  Email: [stannesdaycentre@talktalk.net](mailto:stannesdaycentre@talktalk.net) | **Thursdays** 10.00am - 12noon Coffee mornings for all older residents (last Thursday of each month).  **Fridays** 12:30pm - 1:30pm Food bank for residents of Queens Park and Craven Vale. |  |  |
| **St Georges Kemptown** | St George's Cafe operates within the church on weekdays from 9.30 am to 3.00 pm, serving a range of breakfasts, lunches and light snacks. It's a popular venue for users of the Community Centre downstairs, but we are open to the public. Why not pop in for breakfast, lunch, or just a cuppa and enjoy the special atmosphere of the church. | St George's Road Kemp Town Brighton BN2 1ED  [info@stgeorgesbrighton.org](mailto:info@stgeorgesbrighton.org) This e-mail address is being protected from spambots. You need JavaScript enabled to view it  01273 279448 |  |  |  |
| **The Cowley Club** | Affordable and healthy vegan meals The Cowley Cafe is a friendly space serving delicious vegan meals which are prepared and cooked from scratch fresh each day. We also have a range of loose herb teas and organic hot drinks. | Cowley Club  12 London Road  Brighton  BN1 4JA  Telephone: 01273 696104  email: [cowleyclub@riseup.net](mailto:cowleyclub@riseup.net) | Wed-Fri 12-6pm  (hot food is served 12.30pm - 3.30pm) |  |  |